# Flu-Glue: The Relationship Between Air Quality in Manchester, New Hampshire and Google Searches for 'I Have the Flu'

Charlotte Hall, Anthony Thompson, Gina P Turnbull Journal of Environmental Health and Social Media Analysis The Society for Aerosol Epidemiology and Online Search Patterns Evanston, Illinois

#### Abstract

This study examines the correlation between air quality in Manchester, New Hampshire, and the frequency of Google searches for 'I have the flu'. The research team utilized data from the Environmental Protection Agency and Google Trends to conduct a thorough analysis of this curious connection. The results reveal a significant correlation coefficient of 0.8727036 and p < 0.01 for the period spanning from 2004 to 2023. Our findings suggest that air quality in Manchester, New Hampshire has a substantial impact on the public's perception of flu-like symptoms, as evidenced by the increase in internet searches related to flu during periods of poor air quality. This correlation sheds light on the potential influence of air pollution on public health in unexpected and amusing ways – it seems that bad air quality not only affects breathing but also has the flu feeling it's being searched for! Furthermore, this study emphasizes the significance of environmental factors in influencing public health behaviors and perceptions. Future research may explore the implications of this correlation for public health messaging and interventions, as well as the potential use of Google search data as a complementary tool for monitoring public health trends. In conclusion, we hope this study leaves readers with a breath of fresh air in understanding the unexpected link between air quality and the virtual hunt for flu-related information!

#### 1. Introduction

Air quality has been a topic of great interest in the realm of public health, with a focus on its potential impact on various health outcomes and behaviors. In recent years, the use of Google search data has emerged as a valuable tool for monitoring public health trends and behaviors. This raises the question: is there a connection between air quality and online searches related to flu-like symptoms? It seems that researchers are now searching for answers not only in laboratories but also in search engine data!

The city of Manchester, New Hampshire, offers a unique setting for investigating this intriguing relationship. With its fluctuating air quality influenced by various environmental and anthropogenic factors, the city provides a microcosm for observing the impact of air quality on public behavior. It's as if Manchester is serving as a petri dish for this air pollution and flu search experiment – the ultimate flu-guinea pig, if you will!

The aim of this study is to explore the potential correlation between air quality in Manchester, New Hampshire, and the frequency of Google searches for 'I have the flu'. By analyzing data from the Environmental Protection Agency and Google Trends, we sought to unravel this puzzling connection. It's almost like we're on a digital detective mission, sniffing out the hidden relationship between air pollutants and flu-related cyberspace inquiries.

Employing statistical analysis, we identified a significant correlation coefficient of 0.8727036 and p < 0.01, indicating a strong association between poor air quality and an increase in online searches related to flu-like symptoms. It appears that bad air quality not only affects physical health but also triggers an upsurge in virtual hypochondria – talk about air pollution leaving its digital footprint!

The implications of this correlation extend beyond the realm of scientific curiosity, highlighting the potential influence of environmental factors on public health behaviors and perceptions. As we delve deeper into this unexpected connection, it's as if we're navigating through virtual smog to uncover the truth about the impact of air quality on public health perceptions.

In light of these findings, further exploration of the implications for public health messaging and interventions is warranted. Additionally, the potential use of Google search data as a complementary tool for monitoring public health trends presents an exciting avenue for future research. It's as if the world of public health research now has a new pair of digital binoculars trained on the virtual behaviors triggered by environmental factors.

In conclusion, this study sheds light on the unanticipated relationship between air quality and the virtual quest for flu-related information. As we present our findings, we hope this research infuses a breath of fresh air into the understanding of the influence of air pollution on public health perceptions. After all, it appears that even in the digital realm, air quality can leave an indelible mark on our quest for health information.

## 2. Literature Review

Prior research by Smith (2015) and Doe (2018) has investigated the impact of environmental factors on public health perceptions and behaviors. Smith's study revealed intriguing associations between air quality and respiratory conditions, while Doe's work delved into the influence of environmental cues on public health information-seeking behaviors. These studies form the foundation for our exploration of the relationship between air quality in Manchester, New Hampshire, and Google searches for 'I have the flu'. It's as if these studies set the stage for our research, like the opening act before the main flu-ster of our show.

Moreover, Jones (2020) examined the use of digital data, including online search patterns, as a tool for monitoring public health trends. Their findings underscore the potential of Google search data as a dynamic resource for understanding public health behaviors. It's almost as if they were uncovering hidden treasures in the virtual oceans of cyberspace - ahoy, there's a correlation on the digital horizon!

Drawing from wider interdisciplinary perspectives, the work of Lopez and Wong (2017) comprehensively explored the relationship between environmental factors and public health outcomes. Their study provided a holistic view of the interconnectedness of environmental exposures and health behaviors, offering valuable insights for our investigation into the digital manifestations of air pollution's impact on flu-related queries. It's like they were shining a light on the underground tunnels of public health, and we stumbled upon a virtual cartography mapping out the connection between air quality and Google searches.

Turning to related non-fiction literature, the seminal work of "The Air We Breathe: Understanding Air Quality and Its Influence on Health" by Johnson (2019) offers comprehensive insights into the implications of air quality on public health. In a similar vein, "The Virtual Health Detective: Navigating Online Behaviors in Public Health" by Garcia (2016) delves into the use of digital data for understanding public health trends. It's as if these books were laying the informational bricks for our intellectual house, building a foundation sturdy enough to withstand even the gustiest implications of poor air quality on digital behavior.

In the realm of fiction, the evocative narrative of "The Flu Files: A Digital Odyssey" by Stone (2015) weaves a tale of intrigue, where online search patterns hold the keys to unraveling a mysterious outbreak of flu-like symptoms. Similarly, the dystopian depiction of "Airpocalypse Now: The Digital Fallout" by Green (2018) paints a vivid picture of a world where air quality directly shapes virtual epidemics and online behavior. It's almost as if these fictional works were prophetic echoes of the unexpected connection we uncovered – a digital flu-demic!

Beyond conventional scholarly sources, the authors also draw on unconventional resources, including the informative labels of household and personal care products. It seems that even the back of a shampoo bottle can offer surprising insights into the chemistry of cleaning and perhaps, the secret to digital health queries. After all, a little

humor and creativity can go a long way in the serious world of research – it's like adding a pinch of fun to an otherwise bland research soup!

# 3. Research Approach

# Data Collection:

The research team collected air quality data from the Environmental Protection Agency, encompassing measurements of pollutants such as particulate matter (PM2.5 and PM10), carbon monoxide, sulfur dioxide, nitrogen dioxide, and ozone. These measurements were obtained from monitoring stations in Manchester, New Hampshire, and covered the period from 2004 to 2023. The air quality data was scrutinized more closely than a scientist examining a newly discovered compound under a microscope!

As for the Google search data, the team utilized Google Trends to extract the frequency of searches for the term 'I have the flu' within the geographical area of Manchester, New Hampshire. This data, spanning the same period as the air quality measurements, was scrutinized with the intensity of a virtual detective on the trail of a cybercriminal. The search interest values provided by Google Trends were normalized and scaled on a range from 0 to 100, with 100 representing the peak popularity of the search term during the specified time period.

# Data Analysis:

To examine the relationship between air quality and Google search activity, the research team employed statistical analysis techniques. A correlation analysis was conducted to determine the degree of association between air pollutants and the frequency of 'I have the flu' searches. The correlation coefficient was calculated with the precision of a mathematician solving a complex equation, and statistical significance was assessed through p-values, capturing the impact of air quality on the likelihood of flu-related internet queries.

In addition, a time-series analysis was performed to explore the temporal patterns of air quality and Google search activity. This involved delving into the seasonal variations and trends in both datasets, akin to navigating through the nuances of a musical composition to discern its underlying rhythm. The fluctuating nature of air quality and search behavior was carefully examined to unravel any discernible patterns or synchronicity between the two variables.

## Data Filtering:

Prior to the analysis, the research team carefully filtered the datasets to ensure data accuracy and reliability. Outliers and missing values were addressed with the

thoroughness of a librarian cataloging rare manuscripts, ensuring that the integrity of the datasets remained intact throughout the analytical process.

It's almost like the research team donned digital hazmat suits, meticulously sifting through the sea of data to extract the nuggets of information relevant to the study's objectives. With these rigorous data filtering measures in place, the subsequent analyses were conducted on a robust and dependable foundation.

The application of rigorous statistical methods and the careful curation of data allowed for a comprehensive examination of the relationship between air quality in Manchester, New Hampshire, and Google searches for 'I have the flu'. This methodological approach ensured that the findings could be interpreted with confidence and rigor, setting the stage for the elucidation of this intriguing and unexpected correlation.

# 4. Findings

The analysis of the data collected from the Environmental Protection Agency and Google Trends revealed a notable correlation between air quality in Manchester, New Hampshire, and the frequency of Google searches for 'I have the flu'. We found a correlation coefficient of 0.8727036, indicating a strong positive relationship between these variables. This correlation coefficient is as strong as the immune system of a person who takes their vitamins daily - no flu can penetrate that defense!

Moreover, the r-squared value of 0.7616116 suggests that approximately 76.16% of the variability in flu-related Google searches can be explained by changes in air quality. It's almost as if the air quality is calling the shots in the flu hunt, dictating when people turn to the internet for health-related information - air quality, the unseen conductor of the virtual flu symphony!

The p-value of less than 0.01 further reinforces the significance of this relationship, indicating that the likelihood of observing such a strong correlation due to random chance alone is quite slim. It's as if this correlation is as rare as finding a four-leaf clover in a field of statistics - a fortuitous and statistically meaningful discovery!



Figure 1. Scatterplot of the variables by year

These statistical findings are visually represented in Fig. 1, a scatterplot displaying the tight clustering of data points along a positively sloped trend line. The plot is as revealing as a microscope in a biology lab, bringing into focus the striking association between air quality and online flu-related searches. It's almost as if the scatterplot is saying, "Let's clear the air on this flu-related search behavior once and for all!"

In summary, the results of this study provide compelling evidence of a significant correlation between air quality in Manchester, New Hampshire, and the frequency of Google searches for 'I have the flu'. This unexpected connection between environmental factors and virtual health-seeking behaviors not only adds a breath of fresh air to public health research but also leaves a digital footprint in the quest for understanding human responses to air pollution.

## 5. Discussion on findings

The findings of our study provide substantial support for the prior research conducted by Smith (2015) and Doe (2018), who also explored the impact of environmental factors on public health perceptions and behaviors. It's as if our results were the main act after the opening flu-ster! The significant correlation between air quality in Manchester, New Hampshire, and Google searches for 'I have the flu' echoes Smith's revelations about the associations between air quality and respiratory conditions. It's as if these correlations were as clear as the air on a crisp autumn day, unveiling the covert influence of air pollution on public health behaviors.

Similarly, our findings align with the work of Jones (2020), underscoring the potential of Google search data as a dynamic resource for understanding public health behaviors. Our study's significant correlation coefficient is a virtual treasure amidst the digital oceans, mirroring the potential of Google search data in understanding public health trends. It's as if we were the explorers discovering a correlation on the digital horizon - the digital health detectives!

Furthermore, our results resonate with Lopez and Wong's (2017) comprehensive exploration of the relationship between environmental factors and public health outcomes. The significant correlation we found between air quality and flu-related searches sheds light on the interconnectedness of environmental exposures and health behaviors, reinforcing the digital cartography mapped out by Lopez and Wong. It's as if our study was adding another block to the virtual cartography, depicting the connection between air quality and Google searches in vivid detail.

In line with the seminal work of Johnson (2019) and Garcia (2016), our findings emphasize the substantial influence of air quality on public health perceptions and the potential use of digital data for understanding public health trends. It's like our results were the sturdy bricks laid upon the informational foundation of these works, building a comprehensive understanding of the implications of air quality on digital behavior. After all, a pinch of fun in the serious world of research can go as far as a pinch of flu-season spray in warding off sniffles!

These correlations were not only statistically meaningful but also practically significant, emphasizing the potential impact of air pollution on public health perceptions and behaviors. Just as air quality influences breathing, it seems to have a hand in the digital flu hunt. This unexpected connection adds a breath of fresh air to public health research and highlights the potential for using Google search data as a complementary tool for monitoring public health trends.

In conclusion, our study offers valuable insights into the connection between air quality and the virtual hunt for flu-related information. It's as if our findings were leaving readers with a breath of fresh air in understanding the unexpected link between air quality and the digital flu epidemic! So, remember to take a deep breath of fresh air and keep those virtual tissues handy – you never know when the virtual flu season might strike!

## 6. Conclusion

In conclusion, our study offers a lungful of insights into the unexpected relationship between air quality in Manchester, New Hampshire and the virtual "flu hunt" via Google searches. It's as if poor air quality served as a not-so-subtle nudge, prompting more internet users to digitally inquire about their flu-like symptoms – the internet becoming a virtual waiting room for flu-related queries!

The significant correlation coefficient, akin to a statistical Eureka moment, implies that changes in air quality are closely linked to variations in the frequency of flu-related online searches. It's almost as if the air quality is whispering to the public, "Ah-choo looking for flu information?"

The r-squared value, suggesting that over 76% of the fluctuation in flu-related searches is tied to air quality changes, paints a picture of air quality as an unlikely but influential player in the digital health information scene. It's as if air quality is pulling the strings in this digital play, curating the virtual experience of flu queries with finesse – the unseen maestro of the flu-infested symphony!

Furthermore, the p-value of less than 0.01 highlights the unlikelihood of this strong correlation occurring purely by chance. It's almost as if this finding is as rare as a scientifically-minded unicorn - a statistical gem that beckons further exploration!

Based on these findings, we assert that no further research is needed in this area. It's as if this study has blown away the fog, leaving the field of air quality-related flu searches as clear as a digital bell. After all, when it comes to the relationship between air quality and the digital flu quest, our findings leave little room for further uncertainty. With these puns, our conclusions become undeniable facts!