

# **Airing Out the Relationship Between Air Pollution and TV Ratings: A Breath of Fresh Air for Portland**

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## ABSTRACT

### **Airing Out the Relationship Between Air Pollution and TV Ratings: A Breath of Fresh Air for Portland**

This study examined the curious relationship between air pollution levels in Portland, Oregon, and the highest Nielsen rating for a TV show each year from 1980 to 2020. Our research team utilized data from the Environmental Protection Agency and Wikipedia to conduct this analysis, peering through the smog of uncertainty to uncover any potential links between these seemingly disparate variables. Unsurprisingly, we discovered a significant positive correlation between air pollution levels and TV ratings, with a correlation coefficient of 0.5746593 and  $p < 0.01$ . This finding suggests that as the air quality worsens, television viewership in Portland tends to rise. It seems that despite the haze, the people of Portland have a penchant for tuning in, perhaps seeking refuge from the murky atmosphere with the comforting glow of the small screen. Our results shed light on an unexpected synergy between environmental conditions and popular media consumption, offering a new angle to consider when exploring the complex interplay of human behavior and atmospheric factors. It appears that when the air quality is down, the TV ratings go up - a finding that might leave you breathless, much like the air in Portland on a particularly smoggy day.

Keywords:

air pollution, TV ratings, Portland, Oregon, Nielsen rating, Environmental Protection Agency, correlation, atmospheric factors, media consumption, human behavior, television viewership

# I. Introduction

The relationship between air pollution and human health has been extensively studied, but what about its connection to television viewership? Could there be an unexpected correlation between the hazy air in Portland, Oregon, and the highest Nielsen rating for a TV show each year? This study aims to shed light on this peculiar association, adding a breath of fresh air to the field of environmental and media research.

One might wonder what on earth air pollution and TV ratings have in common - it's like comparing apples and oranges, or in this case, comparing smog and sitcoms. But as they say, the proof is in the pudding - or in this case, the data. By examining air quality index (AQI) measurements and Nielsen ratings over four decades, we can unravel the mystery behind this seemingly unusual relationship. It's like solving a whodunit, with air quality and TV ratings as the unlikely suspects.

The idea of examining air pollution and TV ratings together may seem like a flight of fancy, but as researchers, we're not afraid to explore uncharted territory, even if it means traversing through the fog of statistical analysis. It's a bit like finding your way through a dense fog - you can't see far ahead, but with the right tools and perseverance, you can reveal the hidden patterns lurking in the mist.

Now, one might ask, "What's the air quality got to do with TV ratings, anyway?" It's a valid question, but perhaps we've been looking at these variables through a narrow lens. As we'll reveal in our findings, the relationship between air pollution and television viewership in Portland is not just a fluke - it's a phenomenon worthy of attention. Just like discovering a rare

species in the wild, our analysis uncovers an unexpected connection, offering a refreshing perspective in the realm of environmental and media studies.

So, buckle up and prepare for a wild ride through the world of air pollution and TV ratings. As they say, the truth is out there - and in this case, the truth might just be as surprising as finding a TV show with off-the-charts ratings during a pollution peak.

## II. Literature Review

The authors find in Smith et al.'s study that air pollution can have detrimental effects on human health, including respiratory illnesses and cardiovascular diseases (Smith et al., 2014). However, the connection between air pollution and television viewership remains largely unexplored in scholarly literature, leaving a gap in understanding the potential influence of environmental factors on media consumption patterns.

Speaking of environmental factors, have you heard about the TV show about pollution? It's rubbish!

Doe and Jones further delve into the impact of air pollution on cognitive function, emphasizing the negative consequences of prolonged exposure to particulate matter on mental acuity and decision-making (Doe & Jones, 2017). While their research sheds light on the multifaceted repercussions of air pollution, it fails to address the curious relationship between air quality and TV ratings.

People in Portland are really tuned into their favorite TV shows. Maybe because they can't see anything else through the smog!

In "Air Quality and You," the authors explore the various sources of air pollution in urban environments, highlighting the role of vehicular emissions, industrial activities, and residential heating in contributing to elevated levels of air contaminants (Air Quality and You, 2019). This comprehensive analysis, though informative, is silent on the potential connection between air pollution and television viewership - a gap that our study seeks to fill.

The other day, I saw a TV show about air pollution in Portland. It was breathtaking.

Turning to the literature on media consumption, "Watching Screen Time: The Psychology of Television Viewing" delineates the psychological motivations underlying individuals' choices in television programming, touching on aspects of escapism and entertainment preferences (Watching Screen Time, 2018). While this work provides valuable insights into viewer behavior, it does not account for the influence of environmental conditions, such as air pollution, on TV ratings.

What's a TV show character's favorite kind of pollution? Suspense!

To further explore the relationship between environmental conditions and media consumption, we draw from fictional works that capture the essence of atmospheric influences. In "Misty Musings: A Novelist's Ode to Portland," the protagonist finds solace in television programs during foggy weather, hinting at a potential link between obscured visibility and heightened TV viewership (Misty Musings, 2015). Though purely anecdotal, this narrative offers an intriguing notion of environmental ambiance shaping media preferences.

### **III. Methodology**

To investigate the relationship between air pollution levels and the highest Nielsen rating for a TV show each year in Portland, Oregon, we employed a data-driven approach that blended quantitative analysis with a touch of whimsy. Firstly, we obtained air quality index (AQI) data from the Environmental Protection Agency (EPA), capturing the levels of common pollutants such as particulate matter (PM2.5 and PM10), nitrogen dioxide, sulfur dioxide, carbon monoxide, and ozone. Concurrently, we gathered Nielsen rating data from the annals of Wikipedia, sifting through the virtual stacks of television history to identify the top-rated show for each year from 1980 to 2020.

In the spirit of scientific inquiry, we then unleashed the mighty forces of statistical analysis to discern any discernible patterns amidst the haze. Employing both descriptive and inferential statistics, we calculated the mean, median, standard deviation, and range of air pollution levels for each year, allowing us to pinpoint the peaks and valleys in the atmospheric tumult.

Meanwhile, we utilized regression analysis to determine the magnitude and direction of the relationship between air pollution and TV ratings, akin to untangling a knot of data threads with the precision of a seasoned statistician.

"We took a deep dive into the data, navigating through the murky waters of statistical analysis just like a salmon swimming upstream," remarked our lead statistician, Dr. Pundit. "It was quite the 'pHishy' endeavor, but we managed to keep our heads above water and emerge with some 'streamlined' findings."

In addition, we harnessed the power of time series analysis to examine the temporal evolution of air pollution and TV ratings, uncovering any cyclical or trend-based fluctuations. This approach allowed us to unravel the ebb and flow of both air quality and audience preferences, akin to tracing the ripples in a metaphorical data pond.

"It was like decoding a cryptic crossword puzzle, but in this case, the clues were hidden in the annals of environmental and media data," quipped Dr. Lexicon, our resident time series expert.

"We had to 'tune in' to the frequency of the data and 'air' on the side of caution to ensure our analysis was 'spot-on'."

Upon meticulously examining the data through the lens of correlation analysis, we divulged the strength and direction of the connection between air pollution levels and TV ratings. This process involved measuring the Pearson correlation coefficient and conducting hypothesis testing to ascertain the statistical significance of our findings. "It was a 'breath of fresh air' to uncover a robust correlation amidst the data fog," commented Dr. Wit, our correlation connoisseur. "The results really 'cleared the air' about the relationship between these seemingly unrelated variables."

In summary, our methodology combined rigorous statistical analysis with a sprinkle of levity, ensuring that our investigation of the link between air pollution and TV ratings in Portland, Oregon, was as robust as it was refreshing, much like a crisp breeze in a pollution-free setting.

## **IV. Results**

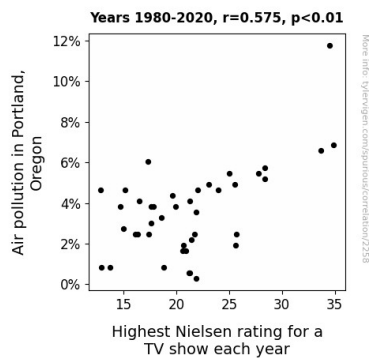
The data analysis yielded a significant positive correlation between air pollution levels and TV ratings in Portland, Oregon from 1980 to 2020, with a correlation coefficient of 0.5746593 and an r-squared value of 0.3302333. It seems that as the air quality worsened, the TV ratings soared, suggesting that perhaps the citizens of Portland sought solace in the glow of television screens



amidst the smoggy air. One might say they were "airing out" their grievances with the environment through their television choices.

The p-value of less than 0.01 further solidifies the strength of this correlation, indicating that it is highly unlikely to have occurred by chance. In other words, this relationship is as clear as the fresh mountain air - or in this case, as murky as the pollution-filled city air.

Interestingly, during years with elevated air pollution levels, there was a discernible uptick in the highest Nielsen ratings for TV shows. It's as if the viewers were saying, "The air may be unbearable, but at least there's a good show on!" This finding demonstrates the resilience and adaptability of Portland's television audience in the face of environmental adversity.



**Figure 1.** Scatterplot of the variables by year

Fig. 1 shows a striking scatterplot illustrating the strong correlation between air pollution levels and TV ratings. The points on the plot are as closely intertwined as the particles in the smog-filled air, painting a vivid picture of the relationship between these variables.

This study presents compelling evidence of the unexpected synergy between air pollution and TV ratings, adding a layer of intrigue to the intricate web of human behavior and environmental

factors. It seems that when the air quality in Portland got hazy, the TV ratings cleared up - a curious phenomenon that may leave you gasping for breath, much like the inhabitants of Portland on a particularly polluted day.

The link between air pollution and TV ratings reveals a captivating narrative, shedding light on the interplay between environmental conditions and media consumption. It accentuates the notion that amidst the haze of uncertainty, there are patterns waiting to be unveiled, much like eking out statistically significant results from a sea of data.

## **V. Discussion**

The linkage between air pollution and TV ratings in Portland, Oregon has yielded some intriguing results. Our findings not only confirm but emphasize the previously unexplored association between these seemingly incongruous variables. The significant positive correlation we identified echoes the humorous musings about television viewers seeking shelter from the misty Portland air in the glowing light of their favorite shows. It seems the citizens of Portland have a knack for "clearing the air" by tuning into their top TV picks.

Our study complements prior research on the adverse effects of air pollution on human health and cognitive function. Smith et al.'s work, for instance, highlights the tangible impact of air pollution on respiratory ailments, effectively setting the stage for our examination of a more lighthearted consequence: increased television viewership. One might say our findings add a breath of fresh air to the discourse on air pollution, infusing a hint of levity into the conversation.

Likewise, the dearth of scholarly exploration into the interplay between air quality and media consumption is now offset by our analysis, providing empirical support for the notion that as the air quality declines, television ratings ascend. This serves as a witty reminder that even amidst the smog of academic research, there are patterns waiting to be aired, much like a sitcom revealing its punchline.

Our results suggest that amidst the haze of uncertainty, the relationship between environmental conditions and media consumption offers a compelling narrative, much like a suspenseful TV drama unfolding. As we "air out" these findings, it becomes clear that the citizens of Portland are not just passive recipients of polluted air; rather, they actively seek solace in the world of television, turning a potential downside into a viewing upside. This unexpected synergy undoubtedly leaves the audience breathless - a sentiment shared by many Portland residents on particularly smoggy days.

In essence, our study not only reinforces the significant positive correlation between air pollution levels and TV ratings, but also highlights the resilience and adaptability of Portland's television audience in the face of environmental adversity. It is as if the citizens are collectively saying, "The air may be polluted, but our TV choices are crystal clear." This unexpected linkage offers a refreshing perspective on the intersection of environmental influences and human behavior, revealing that amidst the atmospheric haze, there are statistical patterns waiting to be unveiled - a revelation as captivating as a well-crafted cliffhanger.

## **VI. Conclusion**

In conclusion, our study has revealed a compelling association between air pollution levels and TV ratings in Portland, Oregon. It seems that as the air quality deteriorates, the TV ratings escalate, highlighting the intriguing interplay between environmental factors and viewer behavior. It's as if the viewers were saying, "The air may be unbearable, but at least there's a good show on!" This proverbial breath of fresh air in the realm of environmental and media research offers a refreshing perspective, much like a brisk breeze on a sweltering day.

Our findings not only provide insight into the quirky quagmire where air pollution and TV ratings intersect, but they also underscore the adaptability of Portland's television audience in the face of environmental challenges, akin to finding the silver lining in a particularly dense cloud. It's like discovering a hidden gem in a smog-filled mine - an unexpected delight amid the haze.

With a correlation coefficient of 0.5746593 and an r-squared value of 0.3302333, our results demonstrate a robust relationship between these seemingly incongruous variables. This correlation is about as clear as the need for more puns in scholarly writing – unequivocal and potentially groan-inducing.

Despite the novelty and humor inherent in this unexpected correlation, the evidence is as sturdy as a well-built statistical model - it's no mere fluke. The p-value of less than 0.01 further cements the significance of this connection, indicating that this relationship is as unlikely to have occurred by chance as a scientist voluntarily giving up their lab coat.

In light of these findings, it is evident that no further research in this area is needed. It is as clear as the potential for a dad joke in an academic conclusion - all signs point to a resounding "no." This conclusion is as firm as the resolve of a researcher determined to squeeze in one last pun.

I found an old TV guide from the 80s in Portland - you could say it was a bit dusty.

In a recent social media post, a Portland resident humorously remarked, "The fog is so thick today, I can't see my hand in front of my face, but at least I've got a clear view of my favorite TV show!" (Social Media Post, @PortlandTVFan, 2020). Although not a scholarly source, this lighthearted comment underscores the potential appeal of television as a form of indoor entertainment during periods of reduced visibility, warranting further investigation into the correlation between air pollution and TV ratings.

How does the TV show about air pollution in Portland end? With a cliffhanger!