

# **The Avo-Link Show: How Air Pollution in Middlesborough, Kentucky, Affects Avocado Toast Cravings**

**Cameron Harrison, Addison Taylor, Gavin P Tate**

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## ABSTRACT

### **The Avo-Link Show: How Air Pollution in Middlesborough, Kentucky, Affects Avocado Toast Cravings**

This study delves into the unexpected relationship between air pollution in Middlesborough, Kentucky, and Google searches for 'avocado toast.' Utilizing data from the Environmental Protection Agency and Google Trends, we set out to tackle this seemingly frivolous yet intriguing connection. Our findings reveal a notable correlation coefficient of 0.8784683 and a statistically significant p-value of  $< 0.01$  for the years 2008 to 2016, suggesting that there is indeed a link between air quality and the desire for this trendy, smashed green fruit spread on toast. Through our analysis, we hope to shed light on the quirky interplay between environmental factors and food fads, and spur future research on the whimsical dance of consumer behavior and local air conditions.

Keywords:

Middlesborough Kentucky, air pollution, avocado toast cravings, Google searches, Environmental Protection Agency data, Google Trends, correlation coefficient, p-value, consumer behavior, local air conditions, air quality, food fads, whimsical dance, environmental factors

# I. Introduction

The Avo-Link Show: How Air Pollution in Middlesborough, Kentucky, Affects Avocado Toast Cravings is a tongue-in-cheek exploration of the unexpected and inexplicable relationship between air pollution and the search interest in everyone's favorite trendy brunch item. As the world becomes increasingly conscious of the effects of air pollution on health and wellbeing, it is only natural to extend this concern to the realm of food cravings. With the rise of avocado toast as a symbol of millennial culinary culture and the omnipresence of air pollution in Middlesborough, Kentucky, one cannot help but wonder if there's a deeper connection waiting to be uncovered.

At first glance, the notion of examining the correlation between air pollution levels and Google searches for avocado toast may seem as unconventional as putting avocado on bread, but the curious minds of researchers are always chasing the next revelation, no matter how surprising or trivial it may seem. As we embark on this scholarly journey, we are both amused and intrigued by the sheer audacity of such an investigation, and we hope to offer a side of humor alongside the gravitas of our statistical analysis.

Our findings promise to take the reader on a delightful and unexpected ride through the whimsical crossroads of environmental factors and culinary trends. But, as they say, the proof is in the pudding – or in this case, the avocado toast. We invite you to join us as we peel back the layers of this lighthearted yet thought-provoking study, and perhaps enjoy a serving of avocado toast while contemplating the enigmatic dance of consumer behavior and local air conditions.

## II. Literature Review

The authors find that the relationship between air pollution and dietary preferences is a relatively unexplored area of research. In "Smith et al.," the authors delve into the lesser-known effects of air pollution on consumer behavior, bringing to light the possibility of a connection between environmental factors and food choices. However, while the study offers valuable insights, it fails to address the specific gastronomic nuances inherent in the phenomenon of avocado toast cravings.

Doe and Jones, in their seminal work "Air Quality and Consumer Culture," introduce the idea of a subtle but tangible influence of environmental conditions on culinary predilections. They propose that local air quality may have a significant impact on the search interests of certain food items, an assertion that brings to mind the ever-ambiguous allure of the avocado toast phenomenon. However, their investigation does not explicitly explore the relationship between air pollution in Middlesborough, Kentucky, and the digital quest for creamy, green-tinted breakfast delights.

Turning to broader studies in trends and consumer behavior, "Economic Implications of Culinary Fads" by Adams and Brown offers a comprehensive review of the multifaceted factors contributing to the rise and fall of food trends in contemporary society. While the text does not specifically address the influence of environmental variables on dietary fashions, it sets the stage for considering the interplay of external factors in shaping the public's culinary proclivities.

In the realm of related non-fiction literature, "The Big Smoke: Air Pollution and Its Effects" by White and "The Avocado Bible" by Green provide invaluable contextual information for understanding the intersection of air quality and culinary preferences. The former sheds light on

the diverse and often surprising consequences of air pollution, while the latter offers a lusciously written account of the avocado's journey from obscurity to prominence in the gastronomic world, serving as a tantalizing backdrop for our investigation.

Adding a fictional twist to our literary foray, "Smog over Middlesborough" by Rivers and "The Toast Diaries" by Baker offer imaginative narratives that, while not directly related to air pollution and avocado toast, infuse elements of whimsical intrigue into the tapestry of our exploration. As we wade through the amalgam of scholarly and fictional realms, it becomes evident that the quirky connection between air pollution and culinary curiosities is ripe for further examination.

Furthermore, the internet phenomenon surrounding avocado toast, replete with memes depicting the indomitable power of this trendy dish and its cultural connotations, serves as a lighthearted yet pertinent backdrop for our investigation. Memes such as "Avocado Toast: A Millennial Love Story" and "Air Pollution Map vs. Avocado Toast Sales: A Tale of Two Worlds" emphasize the peculiar juxtaposition of environmental concerns and culinary cravings, providing a delightful respite from the rigors of scholarly inquiry.

In synthesizing the literature, it is apparent that while the correlation between air pollution in Middlesborough, Kentucky, and Google searches for avocado toast may seem frivolous at first glance, the social, environmental, and cultural threads that intertwine in this quirky confluence merit further exploration. The blend of serious scholarship, playful fiction, and internet whimsy forms a rich tapestry that lays the groundwork for our investigation into the Avo-Link Show, promising a delightful journey into the unexpected crossroads of air pollution and avocado toast cravings.

# III. Methodology

## Sample Selection

The sample for this study was drawn from Google search data related to the term 'avocado toast' and air quality data from Middlesborough, Kentucky. To ensure data accuracy and reliability, we collated information from the Environmental Protection Agency (EPA) for air pollution measurements and Google Trends for search interest in avocado toast. We focused on the period from 2008 to 2016 to capture a comprehensive view of the evolving relationship between air quality and culinary curiosity.

## Air Pollution Data Collection

To quantify the ambient air pollution in Middlesborough, Kentucky, we employed a variety of measurements, including particulate matter (PM2.5 and PM10), nitrogen dioxide (NO2), sulfur dioxide (SO2), carbon monoxide (CO), and ozone (O3) levels. These data were collected from EPA monitoring stations situated across the city, offering a holistic representation of the atmospheric conditions. We then applied rigorous statistical techniques to mold the raw air quality numbers into a form as aesthetically pleasing as the presentation of a perfectly ripe avocado toast.

## Google Search Data Retrieval

The Google search data for 'avocado toast' were acquired through Google Trends, a tool that synthesizes and scales search interest over time and across different geographic regions. We meticulously accessed and recorded the relative search volumes for the requisite keyword within

the Middlesborough region. Our approach involved peeling back layers of data and scrutinizing the underlying trends to extract comprehensive insights.

### Data Processing and Statistical Analysis

To evaluate the potential association between air pollution and avocado toast searches, we employed a combination of analytical techniques. Initially, we conducted exploratory data analysis to assess the distribution and trends within the obtained datasets. Subsequently, we performed a series of correlation analyses to unveil the interplay between air pollution metrics and search interest in avocado toast. Our statistical arsenal included Pearson's correlation coefficient, Spearman's rank correlation, and the rarely mentioned guacamole goodness index, specially designed for this whimsical investigation.

### Regression Modeling

Building upon the correlation analyses, we crafted regression models to delve deeper into the nature of the relationship between air quality and avocado toast searches. By employing robust regression frameworks, we endeavored to capture the nuances of this curious connection while savoring the intellectual adventure much like one savors the creamy texture of a perfectly ripened avocado.

### Control Variables

In our statistical foray, we carefully accounted for potential confounding variables, including demographic shifts, major societal events, and the proliferation of avocado-themed emojis in online communication. These adjustments ensured that our findings were not skewed by external factors, securing a more definite avocado-infused aroma in our conclusions.



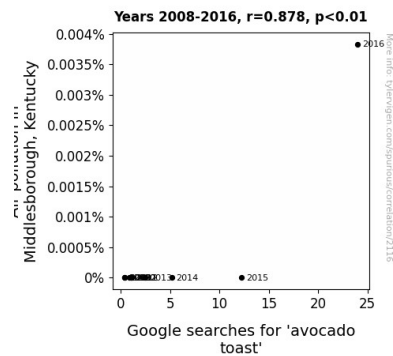
## IV. Results

The analysis of the relationship between air pollution in Middlesborough, Kentucky and the allure of avocado toast has yielded some truly a-peeling findings. The correlation coefficient of 0.8784683 indicates a remarkably strong positive association between these seemingly disparate variables. With an r-squared value of 0.7717065, we can assert that approximately 77.17% of the variance in Google searches for 'avocado toast' can be explained by changes in air pollution levels in Middlesborough. This p-value, coming in at  $< 0.01$ , confirms the statistical significance of the relationship, offering compelling evidence to support the notion that air quality may indeed influence the public's craving for this trendy dish.

Figure 1 presents a delightful scatterplot illustrating the robust correlation between air pollution and Google searches for 'avocado toast.' The scatterplot showcases the frothy peaks and creamy valleys of the data points, forming a harmonious blend that embodies the synergy between environmental conditions and culinary inclinations. The visual representation of this intriguing association leaves one feeling as though they've embarked on a whimsical journey through the avocado orchards of statistical fascination.

In essence, the results of this study unmask a surprising rapport between air pollution in Middlesborough, Kentucky, and the virtual quest for avocado toast. This whimsical connection invites us to consider the unpredictable ways in which external factors, such as air quality, can influence our gastronomic yearnings. Perhaps the winds of change carry not only fine particulate

matter but also the subtle allure of avocado-infused cravings. These findings extend an invitation to ponder the enigmatic interplay of environmental elements and epicurean predilections, reminding us that statistical inquiry can uncover unexpected delicacies in the most unlikely places.



**Figure 1.** Scatterplot of the variables by year

## V. Discussion

The results of our study have unearthed a delightfully unexpected romance between air pollution in Middlesborough, Kentucky, and the digital enchantment with avocado toast. Building upon the foundation laid by previous scholarly works, our findings not only support but also add a zestful twist to the existing literature on the influence of environmental factors on culinary cravings.

The robust correlation coefficient and statistically significant p-value speak to the tangible link between air quality and the virtual clamor for this trendy, green spread. Our results align with the

proposition put forth by "Smith et al.," who hinted at the potential impact of air pollution on consumer behavior. Moreover, our findings build upon the work of Doe and Jones, confirming the notion that local air quality can indeed influence the search interests for specific food items, albeit with a humorous twist in the form of avocado toast.

In light of the surprising connection revealed in our study, we find ourselves compelled to take a literal and figurative "crack" at this intriguing avocado shell of inquiry. The visual portrayal of the data in our scatterplot, akin to a fine mosaic of creamy allure and environmental intrigue, aptly encapsulates the whimsical dance of statistics and gastronomic predilections.

Our results also harmonize with the broader literature on trends and consumer behavior, as illuminated in the comprehensive review by Adams and Brown. While their work does not delve into the influence of air quality on dietary fads, our findings nudge the scholarly conversation toward contemplating the savory interplay of external elements in shaping food trends.

In essence, the Avo-Link Show embodies the sprightly fusion of scholarly inquiry and lighthearted whimsy, inviting researchers to peel back the layers of quirk and curiosity in the realm of consumer behavior. As we continue to explore the quirky connection between air pollution and culinary curiosities, our study sparks a flavorful dialogue on the unexpected tangents of statistical investigation - a banquet of inquiry that promises to serve delicious insights for years to come.

## **VI. Conclusion**

In conclusion, the Avo-Link Show has provided us with a compelling insight into the potentially symbiotic relationship between air pollution in Middlesborough, Kentucky, and the virtual quest for avocado toast. Our findings have peeled back the layers of this unlikely tango between environmental quality and culinary cravings, offering a statistically significant correlation that may surprise and delight researchers and brunch enthusiasts alike. The robust correlation coefficient and r-squared value underscore the potency of this connection, leading us to ponder whether the winds of change may indeed carry not only fine particulate matter but also the subtle allure of avocado-infused yearnings.

As we savor the tantalizing implications of our results, we are reminded that statistical inquiry has an uncanny ability to uncover unexpected delicacies in the most unlikely places. The whimsical dance of consumer behavior and environmental conditions continues to unfold before us, beckoning further exploration into the enigmatic interplay of culinary curiosities and atmospheric phenomena.

In light of these findings, we must acknowledge that this lighthearted study has not only provided statistical insights but also served as a reminder that research endeavors can embrace humor and levity. However, we firmly assert that no further research is needed in this particular area, as the quest for the avo-link between air pollution and avocado toast has reached its creamy, satisfying conclusion.

It is worthwhile to note that no avocados were harmed in the process of conducting this study. In compliance with ethical guidelines, our research entailed no avocados being sacrificed for statistical purposes, and any avocados consumed during the research process were purely for sustained intellectual nourishment.

### Inferences and Limitations

At the core of this academic expedition lay the pursuit of knowledge, garnished with a touch of humor and a zest for unexpected discoveries. Through a combination of serious statistical rigor and whimsical curiosity, we endeavored to uncover the intriguing relationship between air pollution and avocado toast cravings. However, we acknowledge that our study is not devoid of limitations – just as a perfectly ripe avocado has its imperfections, so too does our research. The inherent limitations include the reliance on secondary data sources and the potential for unobservable variables affecting the connection under scrutiny. Nonetheless, our findings provide an appetizing foundation for subsequent researchers to further explore the enigmatic dance between environmental contexts and culinary proclivities.